



Shepherd Care®

To Care for People Where They Live and Work

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COMMUNITY Care TOPIC

Confessions of a Failed Relationship

Have you ever given of yourself deeply, only to have the relationship fall apart around you? What is left behind is sometimes hard to put together again. Here are some confessions of a failed relationship:

1. The Hurt. It just hurts! The failed relationship stole more than my time and happiness, it stole my heart. I can't let it go and just move on...it hurts just to move.
2. The Anger. "Why God?! Why is this happening? Turn your anger into a fight and wrestle with God to work out any issues in your heart.
3. The Lust. Temptation is the devil's playground. This could be the memory of the things you shared together in the relationship.
4. The Guilt. This is the dead weight of regret- of things done and things that can now not be done.
5. The Pride, Pity, and Bitterness. Pride is the obstinacy of wanting our own way, even if it is not the best thing for us. It is our own worst enemy. Pity and Bitterness are the silent deterrents that are an excuse and distraction from the promise of a free life that we can have.
6. Timing. It is okay to take time to heal.
7. The Questions. What went wrong? Did I do something wrong? Why am I going through this (again)? What did other people do wrong? Can I learn from this?

8. The Advice. There is good counsel and bad counsel (*Proverbs 11:14*).
9. The Key. God has a unique key for how to not only get out of this, but to connect you to Himself, forever.
10. The Secret. You have a choice...the secret is our failed relationship or relationships does not mean that we are failures!
11. The Warning. Do not look back! Lot's wife looked back and turned into salt (*Genesis 19:26*).
12. Go. Move forward. Go on in faith, hope, love, and peace. Live again so that you can love again.

Lastly, look at your first love, which is a relationship with Jesus Christ. As you discover this first love, for the first time or rekindling the flame, is to let your love for God burn passionately. You have a choice...the secret is our failed relationship or relationships do not have to be failed. In a word it is reconciliation, restoration, and redemption. Do any of these words strike a cord in your heart? You may not be able to reconnect with that person or persons, but the lessons that you have learned make this failed relationship a success in your life.

Introducing your Community Chaplain

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Co-Authored Article Series:

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"For thus saith the Lord GOD, the Holy One of Israel; In returning and rest shall ye be saved; in quietness and in confidence shall be your strength...And therefore will the LORD wait, that he may be gracious unto you, and therefore will he be exalted, that he may have mercy upon you: for the LORD is a God of judgment: blessed are all they that wait for him."
Isaiah 30:15, 18

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